

BY YOUR SIDE

A publication focused on wellness from your friends at Doctors Hospital

Report to the Community 2008

THE YEAR IN REVIEW



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Joseph M. Still
Burn Center Responds

Local Impact

\$155,000

Given to area Technical Colleges and Universities to support the education of future medical leaders

\$110,000

Given to the Southeastern Firefighters Burn Foundation to support families of burn victims

\$11,454,491

Paid in Federal, State, and Local Taxes

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A Message From Your President/CEO



Each year Doctors Hospital makes it our mission to report our progress to you, the people we serve. It's our way of sharing not only what we've accomplished over the past year towards meeting your healthcare needs, but also the many tangible and intangible ways we contribute to our community overall.

In regards to the former, 2007 was a notable year for the patients of Doctors Hospital. In December, **we broke ground on the largest expansion project in the hospital's history**—an undertaking we firmly believe will enhance patient comfort and service while also providing the additional space needed to maintain our high standards of care. We implemented the area's only **Family-Centered Maternity Care** program now offered at our newly renovated Center for Women. We introduced our **T.L.C. (Technology, Location and Caring Support)** program, an integrated approach to battling cancer offered only through the **Cancer Care Center** at Doctors Hospital. And we opened an **Occupational Health Clinic in South Augusta** to better accommodate over 1,100 businesses now using our Occupational Medicine services.

In support of our ongoing mission to provide the highest levels of care and most advanced medical/surgical techniques available to patients today, we also acquired significant, leading edge technologies in 2007—many of which were new to this area. These included the **Trilogy® Stereotactic System** (now available at our Cancer Care Center), the **da Vinci® Surgical System**, and **Digital Mammography**. We also obtained a new **computer-assisted Operating Room System** used

for orthopedic surgery and neurosurgery. We are especially proud of the **Joseph M. Still Burn Center** and staff for its cooperation and disaster response expertise following the unfortunate accident at the Imperial Sugar plant this past February.

In the area of community outreach, we continued to take a leadership role in providing sports medicine services to all area professional athletic teams, several high school sports teams, and the Columbia County Recreation Department. We provided health screenings and information to over 2000 participants during our annual **CareFair for Women**. And we launched our **Living Well** program, an initiative implemented in partnership with other area sponsors designed to heighten healthcare awareness within our community.

In the final analysis, we believe 2007 stands out as an important year for Doctors Hospital patients for another very important reason: by undertaking the serious responsibility of expanding our facilities, we deepened our commitment to be there for you—both now and in the future.

C. Shayne George
President/CEO, Doctors Hospital

Doctors Hospital 2007 Economic Impact to the Community

Hospital's Economic Impact

Total Employment	1,300
Total Wages & Benefits	\$69,148,463
Total Uncompensated Care Provided	\$20,817,000
Total Charitable Giving	\$545,212

Diagnosing Breast Cancer with Digital Mammography

According to the American Cancer Society, last year alone about 180,500 U.S. women were diagnosed with breast cancer; an estimated 4,520 of those were women in Georgia.

In an ongoing battle to prevent this treatable disease, Doctors Hospital recently began operating the area's first digital mammography system. The Senographe DS full field digital system—the most modern mammography equipment available to patients today—provides outstanding image quality and clear, highly detailed images of the breast that enables physicians to detect and diagnose breast cancer more confidently than ever before.

“Now Doctors Hospital physicians can offer patients throughout the CSRA a new and powerful tool in the detection and fight against cancer,” said Shayne George, President and CEO of Doctors Hospital. “This new all-digital system is revolutionizing breast care by providing our patients with state-of-the-art mammograms that are faster, easier, and more comfortable than ever before, while providing our physicians with highly detailed images to use in their diagnoses.”

Designed to provide comprehensive mammography patient care from screening and diagnosis to interventional procedures, the

system has a patient-centric design and intuitive controls that allow technologists to focus on patients. The Senographe DS at Doctors Hospital is also equipped with computer-aided detection (CAD) software. CAD acts as a radiologist's “second pair of eyes” when reading a mammogram. Similar to a spell-check system on a personal computer, this technology has the potential to detect findings that might otherwise be overlooked during the review process, thus improving the opportunity for detecting cancer. CAD technology is especially effective in identifying micro-calcifications in the breast, some of which may indicate a malignant process.



To learn more about Women's Diagnostic Services at Doctors Hospital, visit www.doctors-hospital.net.

When Nature Calls

Sometimes the stages of womanhood can take their toll on the bladder. In fact stress incontinence—the most common type of bladder leakage—affects nearly 30 million women nationwide and can make even the simple act of coughing, sneezing, or laughing cause for embarrassment. According

to Dr. Bipin Chudgar, an obstetrician and gynecologist at Doctors Hospital, there are many types of incontinence and a variety of treatment options. Treatment usually begins by undergoing several tests to determine your specific type. For certain women suffering from stress and/or

urgency incontinence, Dr. Chudgar recommends a simple pelvic sling procedure. Requiring only two small incisions—one vaginally and one abdominally—it is minimally invasive and is often performed on an outpatient basis.

“In essence, during the sling procedure the surgeon uses synthetic tape to create a pelvic sling or hammock around the neck of the bladder and urethra (urine canal). Once in place, it provides support to keep the urethra closed and therefore prevent leakage,” Dr. Chudgar said.

Of course as with all medical conditions, Dr. Chudgar encourages women to talk to their physician about the treatment options best suited to their needs based on their individual medical history and symptoms.



Glancing Back, Growing Forward

When Donna Gray was fresh out of school and heard about a receptionist job at a new hospital “way out” of town, she had to apply for the position at its temporary headquarters in downtown Augusta. That was in October of 1973 just weeks before the grand opening of Doctors Hospital.

Thirty-five years later, the hospital that once seemed situated in the middle of nowhere, has become the very heart of the communities and businesses it now serves by listening to patients’ needs and growing to meet their healthcare demands. In size alone, the hospital’s staff has nearly doubled since founding. Its campus has grown to include a full complement of medical services and physician offices. It provides satellite services in four locations throughout the Augusta area, and it recently broke ground on the single largest renovation project in its 35-year history: a \$55 million, three-story addition which, among other benefits, will increase the number of private rooms available to area patients.

Yet, according to Dr. Lee Gray—Donna’s husband and a 35-year veteran of the Doctors Hospital staff who has served multiple times both as President of the Medical Staff and on its Board of Trustees—the hospital’s central location combined with its founding mission of “putting patients first” are only two of many factors behind its successful growth.

“When I first arrived here to take the job as Emergency Room director, I wondered why anyone would build a hospital in the middle of nowhere,” Dr. Gray said. “But of course time has proven just how visionary the original founders were. I think perhaps equally important to our success has been a history of strong interpersonal relationships between our doctors, between doctors and staff, and between our staff and our community.”

Another important factor in the hospital’s longevity was the founding of the Joseph M. Still Burn Center in 1978. Established in partnership with Doctors Hospital by Dr. Joseph M. Still, Jr., the Burn Center is currently celebrating its thirtieth year of service. A nationally recognized leader in burn treatment and the largest facility of its kind in the Southeast, the Burn Center will also benefit from the \$55 million project now underway. Its renovation and expansion will include new waiting and admitting areas as well as the addition of two burn operating rooms.

Prior to this project, Doctors Hospital completed a \$14 million renovation and expansion project in 1998 that increased the size of its ICU/CCU and outpatient surgery facilities as well as its emergency, radiology and endoscopy departments.



New
Main Lobby, Classrooms
& Registration Areas

24
Intensive Care Units
(ICU) Rooms

Since then, facilities for private practice physicians and other specialty hospital services such as the Center for Sports Medicine have been built around the hospital’s perimeter—increasing both the size of the campus and the scope of services offered.

In the last five years alone, the hospital has added several services available only at Doctors Hospital, including: the Human Motion Institute, the area’s authority on joint replacement, sports medicine, spine care and physical rehabilitation; and Family-Centered Maternity Care, a nationally recognized program offered through the Clyde A. Burgamy, MD Center for Women that empowers new mothers to create the birth experience that best fits the needs of their family. It has also acquired leading edge technologies in support of a variety of other services including its Cancer Care Center and Women’s Diagnostic Center.

(See: *Technology Update*)

According to Ken Wicker, Chief Operating Officer at Doctors Hospital, the growing pains the hospital is experiencing today while under renovation will ultimately result in huge gains in terms of patient service and quality of care.

“We’ve got a great staff and a very positive momentum

Leading The Way Less Invasively

When it comes to surgery, less invasive procedures are proving to be more beneficial to patients than the traditional surgeries they're replacing. In fact, Minimally Invasive Surgeries (MIS) are fast becoming the gold standard for a variety of procedures because they offer the following overall benefits:



Less Pain

MIS procedures cause less post-operative pain and discomfort. Studies have shown that patients undergoing MIS procedures report less pain and require smaller doses of pain relievers than patients undergoing traditional surgeries.

Shorter Hospital Stay and Faster Recovery

Patients who undergo MIS procedures are usually able to go home sooner. And, in many cases, the patient is able to return to normal activities and work more quickly.

Less Scarring

Because MIS procedures generally require a smaller incision they leave less noticeable scars. The scars that do form as a result of MIS typically have a more appealing look overall.

Less Injury to Tissue

Most traditional surgeries require a long incision. This incision usually has to be made through muscle. Muscle needs

a significant time to heal after surgery. Because there are no long incisions in MIS, surgeons often do not have to cut through muscles to complete the procedure—patients have less tissue damage and are able to recover more quickly.

Higher Accuracy Rate

Because MIS procedures use video-assisted equipment they provide the surgeon with better visualization and magnification of the patients' internal organs and structure. For patients, this capability translates into a more accurate and definitive procedure.

In light of these important patient benefits, Doctors Hospital is committed to becoming an area leader in providing minimally invasive alternatives to traditional surgical procedures. Equally important, by utilizing MIS technologies, we're able to offer solutions to more complicated conditions as well. The following articles highlight MIS capabilities now offered at Doctors Hospital.

FIGHTING CANCEROUS TUMORS WITH TRILOGY® TECHNOLOGY

Leading the way, Doctors Hospital was the FIRST to bring TRILOGY® TECHNOLOGY to Augusta

Jim Camak has had an unfair share of surgeries and cancers in his 75-years of life. According to his wife, Carol, he has undergone open-heart surgery, survived prostate cancer, had four melanomas removed from his back, and had his carotid gland removed. Carol said she knew something was amiss last fall when her husband became very confused one day and "just didn't seem to be himself." She called his doctor immediately. Jim's CAT scan revealed a brain tumor. Several tests later, he was diagnosed with central nervous system lymphoma (CNS)—a rare type of cancer involving the central nervous system (brain, spinal cord, one or both eyes, and/or the coverings of brain and optic nerve).

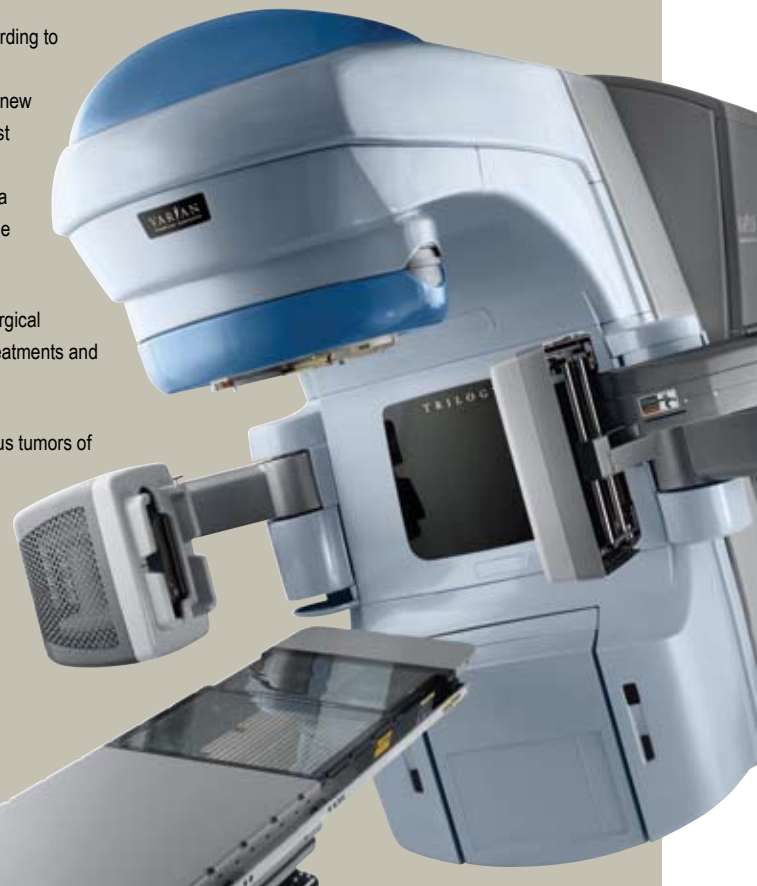
While physicians were able to remove one of the brain tumors close to his skull with a surgical procedure, his other tumors were treated using a combination of whole brain radiation treatments and Trilogy® Stereotactic Radiosurgery.

Trilogy SRS is one of the most powerful weapons available today for destroying cancerous tumors of the body. Available first at Doctors Hospital, treatments consist of high doses of radiation delivered with great precision to small tumors within the body. Unlike other SRS approaches (GammaKnife, CyberKnife), Trilogy uses a sophisticated optically based image-guided treatment system, whereby infrared cameras in the treatment room are used to track the position of the patient in real-time during treatment.

Jim received 24 whole brain radiation treatments and three Trilogy treatments. Carol said Jim is doing well.

"Jim's a fighter, and has a great attitude," Carol said.

For more information on the Trilogy Radiosurgery System, visit www.doctors-cancercare.com.



AREA'S FIRST: New da Vinci[®] Robotic Surgery System

Amelia Prince, a 75-year old Augusta woman, was recently diagnosed with endometrial cancer. Her condition required an immediate hysterectomy, a surgical procedure that traditionally requires several days of hospitalization followed by weeks of recovery time. She said she considers herself blessed that the Lord sent her Dr. Sharad Ghamande, a GYN/Oncologist at Doctors Hospital who specializes in treating cancers of the women's reproductive system. Through Dr. Ghamande,



she learned she was eligible for a minimally invasive robot-assisted procedure now offered only at Doctors Hospital using its newly acquired *da Vinci*[®] Surgical System.

An alternative to both traditional open surgery and conventional laparoscopy, the *da Vinci* system puts a surgeon's hands at the controls of a state-of-the-art robotic

platform. It enables surgeons like Dr. Ghamande to perform even the most complex and delicate procedures through very small incisions with unmatched precision. According to Dr. Ghamande, a *da Vinci* Hysterectomy offers numerous potential benefits over traditional approaches to hysterectomy, particularly when performing more challenging procedures like radical hysterectomy for gynecologic cancer.

"The *da Vinci* Surgical System offers 3-dimensional high density viewing almost as if your hands are inside the body and thus allows surgeons to perform procedures with much greater dexterity and precision," Dr. Ghamande said. "And because it is minimally invasive, it causes significantly less pain, less blood loss, fewer complications and less scarring."

Prince was especially appreciative of the fact that her procedure required such a short hospital stay—she was released the day after surgery, although in most cases a women undergoing *da Vinci* hysterectomy could potentially be discharged the same day; Dr. Ghamande decided to keep Prince overnight as a safety precaution related to her age.

"The procedure itself left just a little incision and I didn't have any real pain. It didn't take me any time to recover either. In fact I stood in line for my new Driver's License about two weeks after surgery," Prince said.

In addition to treating gynecological conditions, the *da Vinci* system enables urologic surgeons to treat prostate cancer using a new approach which spares delicate nerves needed to maintain sexual vitality and continence. To learn more about *da Vinci* procedures offered at Doctors Hospital, visit www.doctors-hospital.net or call, 706.651.3330.

LATEST ORTHOPEDIC SURGERY SYSTEM "FINE TUNES" JOINT REPLACEMENT

If you think your car is complex, consider your musculoskeletal system. This mechanical miracle is unmatched by even the most sophisticated engineering marvel. But like a machine, it requires proper alignment for smooth movement and long-term wear. This is especially true after joint replacement surgery. In fact, research indicates that just one to two degrees or millimeters can significantly affect the wear of replacement joints.

As the area's leader in orthopedic care, the Human Motion Institute relies on highly skilled physicians and the **Stryker Navigation System** to improve accuracy during hip or knee replacement surgery. The latest technology of its type, the system uses infrared optics, a computer, software, and special surgical instruments to allow surgeons to operate with greater precision.

During surgery, smart wireless instruments send data and 3-D images of your joint's mechanics and movements back to the computer. The computer analyzes the data and displays it on a screen in the operating room. This gives surgeons the angles, lines and measurements they need to preview the range of motion with the implant in position, then make the proper adjustments to within a fraction of a degree. The result? Better alignment, improved stability and optimal range of motion. And because some surgeries with Stryker are **minimally invasive**, patients experience less damage to the tissue around the joint, typically shorter hospital stays, less bleeding, reduced pain and a smaller scar. In short, a Stryker assisted surgery not only allows physicians to replace joints more efficiently, it provides them with the tools they need to fine tune the fit.

For information on Joint Replacement at Doctors Hospital's Human Motion Institute, please call **706.651.4343**.

Get In The GAME

Attention all armchair quarterbacks, eager half-backs, and first string hopefuls: if you want to own the field or hold court this fall when those school and recreational teams hold tryouts, start training this summer.

In fact, regardless of your age or sports aspirations, increasing your level of fitness with appropriate conditioning not only improves your skills, endurance, and overall performance, it can also help prevent injuries.

According to Elizabeth Lamb, a Certified Athletic Trainer (ATC) and Director of Sports Medicine at Doctors Hospital, unlike professional sports where natural talent and intense year-round training determine an athlete's success, with recreational or school sports, showing up in prime condition for try-outs or preseason training offers several advantages.

"When you increase your body's overall strength and endurance, you're more confident and your muscles are

better primed to conquer new skills," Lamb said. "You're also less likely to become injured throughout the year and thus end up sidelined or worse."

According to some sports medicine specialists, an estimated 50% of over-use injuries sustained by young athletes while playing organized sports could be prevented if participants were better prepared to play the game (preseason conditioning). In a recent study involving male and female athletes between 13 and 19 years of age, it was noted that those involved in preseason conditioning had a lower injury rate and required less time for rehabilitation compared to teammates who were not prepared. It also revealed that preseason training promoted their overall athleticism and enhanced their confidence to perform "natural functional movements". These findings may be particularly important for female athletes who appear to be at greater risk for knee injuries. Lamb recommends participating in a conditioning program that varies in volume and intensity, and that focuses on enhancing speed, strength,

flexibility, endurance and coordination.

"The bottom line is that whether you're a competitive or recreational athlete, school-aged or middle-aged—we're here to help you prevent injury so you can enjoy your sport or fitness activities to the fullest. Of course if you should suffer an injury, we provide the medical expertise and rehabilitation services you need to get you back on track," Lamb said.

For more information on the Center for Sports Medicine at Doctors Hospital offered through our exclusive Human Motion Institute, please call 706.651.2270 or visit www.doctors-hospital.net.



Whether you're a weekend warrior or an elite athlete, **Doctors Hospital Sports Medicine** can help you enhance your performance as well as prevent, manage, and rehabilitate sports injuries. As the area's leader in sports medicine, it also:

- Serves as the official healthcare provider for the Augusta GreenJackets, Augusta Lynx, Augusta Colts and the Columbia County Recreation Department
- Operates a High School Outreach Program at Aquinas, Burke County, Evans and Westside high schools, providing full-time Certified Athletic Trainers (ATCs) and team physicians to ensure a comprehensive full-service approach in medical coverage
- Sponsors community clinics on sport-specific injuries, prevention, and performance enhancement techniques
- Offers the area's only approved GHSA Wrestling Weight Management Assessment Center mandated to promote a safe training and competitive environment for high school wrestling teams

Rewarded for Quality Outcomes

2007 Gallup* Survey Date

Service Measures: Overall Satisfaction

X-Ray Services	98%
Lab Services	95%
Outpatient Efficiency	97%
Outpatient Test & Treatment	91%

Care Measures: Overall Satisfaction

Helpful & Courteous Staff	95%
Overall Nursing Care	98%
Staff Kept Patient Informed	99%

*Each year, Doctors Hospital contracts with The Gallup Organization to conduct regular, confidential surveys of patients who have received services at the hospital. The results of this survey are used to enhance the quality of care provided to patients, as well as allow the hospital to improve the services it offers. Gallup is not provided with any information about a patient's diagnosis or treatment.

ER 101: Know When to Hold Off, Know When to Go

Skinned knees and sun-kissed cheeks are healthy signs of summer. Unfortunately, along with the fun and freedom the season brings comes a greater risk of serious harm. From sprains and broken bones to water sport accidents and worse, the range of injuries you or someone in your family might experience can sometimes make it difficult to decide whether a trip to the Emergency Department is needed.

"Of course, we always want our children to have fun, but it's a very different world today than when we were growing up," said Martha Garner, RN, CEN, and Director of Emergency Services at Doctors Hospital. "The most important rule of summer fun is that we, the parents, have to pay attention and be in charge. And of course, if you or your child should experience an accident or have any type of symptoms that cause YOU to be worried or concerned, it's better to be safe than sorry: get it checked out immediately."

According to Garner, several types of accidents statistically occur more frequently in summer. These include those involving All Terrain Vehicles (ATVs), bicycling,

swimming or other water activities, and severe sunburn. Many of these can be prevented by following basic prevention guidelines including: wearing a helmet; applying sunscreen regularly; being present and attentive to children near water or riding ATVs; and making it a priority to give your children swimming lessons. Garner stresses that even children who know how to swim should never be allowed to swim alone.

Signs that you or someone in your family might need to go to the Emergency Department include: cuts that you think might need stitches or in which the bleeding can't be controlled, and sun burns that result in sun blisters that are also accompanied by swelling, rash, and/or fever. After any type of head injury or fall, be on the lookout for symptoms such as seeing double; unsteady gait; unusual sleeping and/or vomiting. If unconsciousness or any of these symptoms occur, seek medical care immediately.

"We have a saying here at the Doctors Emergency Department: 'If it feels like an emergency to YOU, it's an emergency to us,'" Garner said.



Be Prepared! Keep Medical Info Nearby

During an emergency, having immediate access to important medical information can save valuable time. Fill out the following form then post it in a central location so that you can put your hands on it quickly!



**When In Doubt:
Call Consult A Nurse
706.651.4343**

Primary Physician Name: _____

Phone: _____

Pediatrician Name: _____ Phone: _____

Specialty Physician Name: _____ Phone: _____

Insurance Name: _____ Phone: _____

Allergies/List Separately For Each Family Member:

Registered nurses are at your service to provide consultation and prompt answers to your health-related questions. While our nurses do not diagnose conditions, they are an excellent resource for helping you find answers to specific health questions.

BURN CENTER RESPONDS

to Sugar Refinery Accident

97%
Burn Survival Rate



At 7 p.m. on February 7, 2008, the Joseph M. Still Burn Center at Doctors Hospital received a call from the Emergency Management Service Director in Savannah, Georgia.

There had been a massive explosion at the Imperial Sugar plant in nearby Port Wentworth; about 100 employees were working at the time of the explosion. The Burn Center was placed on alert and told it might receive as many as 100 burn patients. What ensued was a combined emergency response effort that challenged the Burn Center in every way, yet in reflection, also demonstrates the effectiveness of its team-oriented, multi-disciplinary burn treatment model and the generous spirit of the community it serves.

Immediately upon receiving the initial call, the Burn Center organized a team of physicians, PAs, a nurse anesthetist, and paramedics to send to Savannah. Led by Dr. Fred Mullins, the team planned to assist

with patient triage and transport. While the Joseph M. Still Burn Center is one of the nation's largest units (59 beds), it had never responded to an incident involving the intake of such a large number of critically burned patients at one time.

Fortunately, by sending a team to Savannah and staying in constant communication with EMS and other hospitals in the disaster area, the Burn Center was able to get definitive, front-line information rapidly. Dr. Mullins' on-site team was able to prioritize patients based on the severity of their conditions and outline a basic plan for each. In the meantime, the Burn Center staff began moving its current patients to other areas within the hospital to free up as many beds as possible. It called in all available staff, prepared rooms and assessed supplies. The Burn Center also contacted its Regional Coordinating Hospital, Medical College of Georgia (MCG), to invoke the Georgia Hospital Association agreement and alerted

its parent company, Hospital Corporation of America (HCA) of its potential need for manpower and supplies.

By midnight, the first of 18 patients began arriving by air transport. They continued arriving in 30-minute intervals throughout the night—a plan the Burn Center had determined would allow intake teams enough time to properly assess each patient's medical/surgical/burn needs before receiving the next tier of patients.

The explosion at the sugar refinery caused thermal burn injuries ranging from 5% Total Body Surface Area (TBSA) damage, treatable onsite and in area Emergency Departments, to 95% TBSA—critical burn damage that in most cases is not survivable. Twenty patients were transported to Augusta with injuries ranging between 60% and 90% TBSA; 18 directly to the Burn Center and two to MCG with major trauma injuries as well as serious burns. Most of the burns were to the face and

upper body, a pattern in keeping with those normally seen in thermal burns.

In addition to its clinical concerns—supplies, admitting, staffing—the Burn

magnitude of need, Doctors Hospital Volunteer Manager, Bart Grey, was recruited to help coordinate the food, supplies and services needed to accommodate the patients' families.

In retrospect, the hospital's VP/Chief Nursing Officer, Karen Swim, best summarizes the quality of the Burn Center's response as well as its degree of preparedness.

"There was a lot of good leadership. People didn't need a lot of direction. Everybody assembled and was ready to go when the patients got here. It was like clockwork. It was truly amazing to see," Swim said.

Celebrating its 30th year anniversary in 2008, the Joseph M. Still Burn Center at Doctors Hospital is a 59-bed burn unit that admits over 3,000 patients annually from throughout the Southeast, and 7.6 percent of the nation's burn patients. Thirty percent of its patients are children. The Burn Center averages a 97% survival rate. For more information about burn prevention or the Joseph M. Still Burn Center at Doctors Hospital, visit www.josephmstillburncenter.com or contact Beth Frits at 706.364.6400 or 706.373.9009.

30%
of Patients Treated
are Children

7.6%
Patients
Treated Nationwide

Center began to fill up rapidly with families and friends waiting for word on their loved ones. While the Burn Center has always provided support to patient families, it had never dealt with so many families arriving all at once and in the middle of the night. Fortunately, the Burn Center already has an enormous resource through its partnership with the Southeastern Firefighters Burn Foundation, a non-profit organization established by Burn Center founder, Joseph M. Still, Jr. MD, that provides support to families of burn patients during treatment and beyond. However, due to the

Over the next few hours, days and weeks, the Burn Center would receive two more patients, receive supplies and aid through both its Georgia Hospital Association mutual agreement and from its parent company, Hospital Corporation of America (HCA). It would hold several press conferences, experience an enormous outpouring of support from the Augusta community, and continue supporting patient families with the help of numerous businesses and organizations, including Imperial Sugar Company, the Southeastern Firefighters Burn Foundation, and Shephard Community Blood Center.

Thank You AUGUSTA!

The Joseph M. Still Burn Center and Doctors Hospital wish to thank the Augusta community for its unprecedented support during the days and weeks following the Imperial Sugar refinery accident. The following is a testament to the community's spirit of volunteerism and a summary of the generous donations provided.

29 area businesses donated food, drinks, paper products, gift cards, disinfecting wipes and ice chests, fruit baskets, refrigerators and microwaves

33 area churches donated food, drinks, paper products, donuts, pillows, bagels, cookies, sandwiches, deserts and candy

37 area citizens donated food, drinks, blankets, washcloths, stuffed animals, snacks, crayons

Local schools donated food and children's books

Anonymous individual donations included drinks, donuts, food, prayer blankets, books, paper products, cash

Local law enforcement donated ice chests

Local charities donated food and drinks



A SPECIAL DELIVERY FOR YOU!

Perhaps no occasion is more personal in the life of a family than that of having a baby. It's an event many are now choosing to experience at the **Clyde A. Burgamy, MD Center for Women** at Doctors Hospital—the area's only **Family-Centered Maternity Care (FCMC)** facility.

According to Women's Center Director Annette Repko, BSN, RNC, the FCMC approach reflects a national trend in maternity care focused on empowering new mothers to create the birth experience that best fits the needs of their family.

"Traditionally, a woman's medical team tended to control her labor. FCMC encourages women to collaborate in their care. It promotes safe, high-quality healthcare while recognizing, focusing on, and adapting to the physical and psychosocial needs of the mother, her family and her newborn," said Repko.

In practice, it means the Women's Center

medical team works with each mother and her family to personalize their birth experience and help them make informed choices about their care; that Labor and Delivery nurses have been cross-trained to enhance each patient's continuity of care, including instruction to provide non-clinical comfort techniques such as massage, aromatherapy and breathing exercises; and that mothers and babies are cared for as a unit by one nurse—a program called "Couplet Care" that encourages bonding while also promoting post-partum and newborn care education. When combined with other family-friendly services such as Cradle Club classes, WebNursery, a state-of-the-art Security System, and complementary Boarder Rooms, FCMC provides a birth experience that mothers report is both personal and special!

For more information about the Clyde A. Burgamy, MD Center for Women at Doctors Hospital or to arrange a tour, please call 706.651.BABY or visit online at www.doctors-hospital.net.



CareFair for women

Save the Date!
Saturday, August 16
10 a.m. to 3 p.m.

Christenberry Fieldhouse,
Augusta State University
Athletic Complex
3109 Wrightsboro Road

CareFair is Your Day!

Mark your calendars—CareFair for women is a must do! Don't miss our 9th annual community-wide event devoted to women's health and happiness. It's a day just for you! Filled with cooking demonstrations, fitness demonstrations, massages, makeovers, important health screenings, and the latest in women's health information. CareFair is all about you.

See you at the Fair!

DOCTORS
HOSPITAL
Life is a gift. Live it well.®

The Augusta
Chronicle

For more information call 706-651.4343. To inquire about exhibit booth space, contact Jackie Chrisp at 706.828.3856.

